34-8723-3154-0 / FL1112(A)

(SK) Jednorazové zátkové chrániče sluchu 3M™ E-A-R™

(UA) Одноразові протишумові вушні вкладиші 3M™ E-A-R™

(SI) 3M™ E-A-R™ ušesni čepki za enkratno uporabo

(HR) 3M™ E-A-R™ jednokratni čepići za uši

(IL) אטמי אוזניים חד פעמיים 3M™ E-A-R™

(BG) 3M™ E-A-R™ Еднократни тапи за уши

(EE) 3M™ E-A-R™ ühekordselt kasutatavad kõrvatropid

(RS) 3M™ E-A-R™ jednokratni čepovi za uši

(LV) 3M™ E-A-R™ vienreizējās lietošanas ausu aizbāžņi

(TR) 3M™ E-A-R™ Tek Kullanımlık Kulak Tıkaçları

(LT) 3M™ E-A-R™ vienkartiniai ausų kamštukai

(KZ) 3M™ E-A-R™ бір рет пайдалануға арналған құлақ тығындары

(RO) Antifoane interne nereutilizabile 3M™ E-A-R™

(AU) (NZ) 3M™ E-A-R™ Disposable Earplugs

(RU) (BY) (AZ) Одноразовые противошумные вкладыши 3M™ E-A-R™

(AE) سدادات الأذن للاستعمال مرة واحدة من 3M™ E-A-R™

DV-2563-0597-5_Iss2 / 310001424

(GB) (IE) (ZA) 3M™ E-A-R™ Disposable Earplugs

(NO) 3M™ E-A-R™ Ørepropper for engangs bruk

(FR) (CH) (BE) 3M™ E-A-R™ Bouchons d'oreille jetables

(FI) 3M™ E-A-R™ Korvatulpat

(DE) (CH) (AT) 3M™ E-A-R™ Einweg Gehörschutzstöpsel

(IS) 3M™ E-A-R™ einnota eyrnatappar

(IT) (CH) Inserti auricolari 3M™ E-A-R™ monouso

(PT) 3M™ E-A-R™ Tampões Auditivos Descartáveis

(ES) 3M™ E-A-R™ Tapones Desechables

(GR) 3M™ E-A-R™ Ωτοβύσματα Μιας Χρήσης

(NL) (BE) 3M™ E-A-R™ Onderhoudsvrije Oordoppen

(PL) Wkładki 3M™ E-A-R™ jednokrotnego użytku

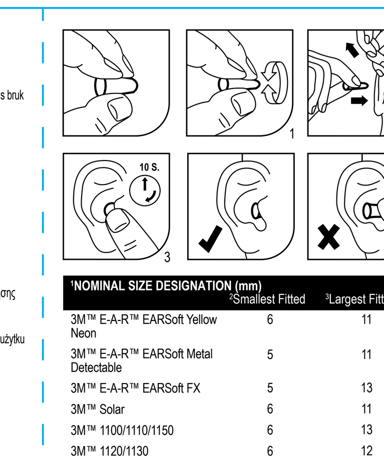
(SE) 3M™ E-A-R™ hörselproppar för engångsbruk

(HU) 3M™ E-A-R™ eldobható füldugók

(DK) 3M™ E-A-R™ ørepropper til engangsbrug

(CZ) 3M™ E-A-R™ Vyměnitelné zátkové chrániče sluchu

www.3M.EU/Safety



¹NOMINAL SIZE DESIGNATION (mm)	²Smallest Fitted	³Largest Fitted
3M™ E-A-R™ EARSoft Yellow Neon	6	11
3M™ E-A-R™ EARSoft Metal Detectable	5	11
3M™ E-A-R™ EARSoft FX	5	13
3M™ Solar	6	11
3M™ 1100/1110/1150	6	11
3M™ 1120/1130	6	12
3M™ E-A-R™ EARSoft 21	11	12

1 NOMINAL SIZE DESIGNATION (mm)/Diamètre nominal en mm/ Nominell bestimmte Größe (mm)/DESIGNAZIONE TAGLIA NOMINALE (mm)/ RANGO DE TALLAS NOMINALES (mm)/NOMINALE maataanduiding (mm)/ NOMINELL STORLEK (mm)/NOMINEL STØRRELSE (mm)/ NOMINELL STØRRELSESANGIVELSE (mm)/NIMELLISKOOT (mm)/ DESIGNAÇÃO NOMINAL DE TAMANHO (mm)/ΟΝΟΜΑΣΤΙΚΟΣ ΠΡΟΣΔΙΟΡΙΣΜΟΣ ΜΕΓΕΘΟΥΣ (χιλ.)/NOMINALNE OKREŚLENIE ROZMIARU (mm)/Névleges méret meghatározás (mm)/ČÍSELNÁ KLASIFIKACE VELIKOSTI (mm)/ URČENIE ŠTANDARDNEJ VEĽKOSTI (mm)/OZNAČEVANJE NOMINALNE VELIKOSTI (mm)/גודל נומינלי מוצהר (מ"מ)/NOMINAALSUURUSE MÄÄRAMINE (mm)/ NOMINĀLĀ IZMĒRA APZĪMĒJUMS (mm)/NOMINALUS DYDIS (mm)/ Marimea nominala (mm)/ ОБОЗНАЧЕНИЕ НОМИНАЛЬНЫХ РАЗМЕРОВ (мм)/ РОЗМІРИ (мм)/OZNAKA NOMINALNE VELIČINE (mm)/ Номинален размер (мм.)/ODREĐIVANJE NOMINALNE VELIČINE (mm)/ NOMİNAL BEDEN DİZAYNI (mm)/Өлшемі сәйкес тығындарды белгілеу (мм)/ تعيين حجم الاسمية (مم)

2 Smallest Fitted/Plus petit/Kleinste Anpassung/ Misura piccola/Menor ajustada/Kleinste maat/ Minsta storlek/Mindste størrelse/Minste tilpassede/ Pienin sopiva/Menor Ajuste/Μικρότερος/ Najmniejszy/Legkisebb/Nejmenší nasazené/ Najmenšia vhodná/Najmanjše prileganje/הקטן ביותר/ Minimaalselt sobituv suurus/Mazākais/Mažiausias/ Marimea cea mai mica/Наименьший/Найменший/ Najmanji sklop/Най-малки/Najmanji/Küçük uyum/Ең кішілері/تركيب الأصغر

3 Largest Fitted/Plus grand/Größte Anpassung/ Misura grande/Mayor ajustada/Grootste maat/ Största storlek/Største størrelse/Største tilpassede/ Suurin sopiva/Maior Ajuste/Μεγαλύτερος/ Największy/Legnagyobb/Největší nasazené/ Najväčšia vhodná/Največje prileganje/הגדול ביותר/ Maksimaalselt sobituv suurus/Lielākais/Didžiausias/ Marimea cea mai mare/Наибольший/Найбільший/ Najveći sklop/Най-големи/Najveći/Büyük uyum/Ең үлкендері/تركيب الأكبر

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(GB) (IE) (ZA)

INTENDED USE

These products are designed for insertion into the ear canal to help reduce exposure to hazardous noise levels and loud sounds.
Particular attention should be given to warning statements where indicated.
CAUTION! When worn according to the User Instructions, this hearing protector helps reduce exposure to both *continuous* noises, such as industrial noises and noises from vehicles and aircraft, as well as very loud *impulse* noises, such as gunfire.
It is difficult to predict the required and/or actual hearing protection obtained during exposure to impulse noises.
If your hearing seems dulled or you hear a ringing or buzzing during or after any noise exposure (including gunfire), or for any other reason you suspect a hearing problem, your hearing may be at risk.

⚠ WARNING

- Always be sure that the complete product is:
- Suitable for the application;
- Fitted correctly;
- Worn during all periods of exposure;
- Replaced when necessary.
- This product may be adversely affected by certain chemical substances. Contact 3M for additional information.
- Earplugs fitted with a connecting cord should not be used where there is a risk that the cord may be caught up during use.
- Rapid removal of earplugs from the ear canal may damage the ear.
- Proper selection, training, use and appropriate maintenance are essential in order for the product to help protect the wearer from noise hazards.
- Failure to follow all instructions and/or properly select and wear earplugs during noise exposure may result in adverse health effects including injury and/or permanent hearing loss.
- See all instructions for use and save for continuing reference.

3M and E-A-R are trademarks of the 3M Company.

FITTING INSTRUCTIONS

Before fitting, inspect the product to ensure that it is not torn or damaged. If this is discovered dispose of immediately and obtain a new pair.
Wash and rinse your hands before fitting earplugs.
Always fit your earplugs before entering a noise hazard area.
1. Roll earplug slowly with thumb and fingers. Gradually increase pressure to compress earplug to a very thin crease-free cylinder.
2. Insert compressed earplug well into ear canal while pulling ear outward and upward with opposite hand.
3. Hold in place until the earplug expands.
Touch earplug. You should feel only the end of the earplug. If you feel most of earplug outside the earcanal, remove earplug and repeat fitting.
If you cannot obtain a good fit, try a different size or type of hearing protector.

FIT CHECK

When earplugs are correctly inserted your own voice should sound hollow and sounds around you should not sound as loud as before.
Listen to steady loud sound with earplugs in both ears. Cover ears with tightly cupped hands. Noise should sound about the same whether or not ears are covered.
Re-check the fit often during wear time. If earplugs become loose the actual protection achieved against harmful noise may be significantly lowered. To re-fit follow steps 1-3 above.
NOTE: The size and shape of each ear canal is unique. If you are unable to fit these earplugs correctly and comfortably in both ears contact your safety officer or 3M for further advice.
Research suggests that users may receive less noise reduction than indicated by the attenuation value(s) on the packaging, due to variation in fit, fitting skill, and motivation of the user. Refer to your applicable regulations for guidance on how to adjust label values and estimate attenuation. In addition, 3M strongly recommends fit testing of hearing protectors.

REMOVING EARPLUGS

Caution: It is not recommended to remove corded earplugs by pulling the cord.

CLEANING AND MAINTENANCE

These earplugs are disposable and should be discarded after use.

STORAGE AND TRANSPORTATION

Check packaging for further information.
Store the product in a clean, dry area before use.
When transporting use original packaging.
Discard the product within 5 years from the date of manufacture or immediately if damaged.

- Maximum Relative Humidity
- Temperature Range
- Date of manufacture (mm/yyyy)
- Name and address of manufacturer
- Dispose in accordance with local regulations

MATERIAL LISTING

Earplugs:	Polyurethane foam
Cord (where applicable):	Either recycled PVC or Polyester with Acetate tips
Metal Detectable:	Polyurethane foam and stainless steel ball (plug) and PVC with Iron Oxide (cord).

APPROVALS

These products are type approved and audited annually by either: BSI Group, The Netherlands B.V. Say Building, John M. Keynesplein 9, 1066 EP Amsterdam, The Netherlands, Notified Body No. 2797 and / or BSI Assurance UK Ltd, Kitemark Court, Davy Avenue, Knowlhill, Milton Keynes MK5 8PP, UK, Notified Body No. 0086. These products meet the requirements of European Regulation (EU) 2016/425 and applicable local legislation. The applicable European/local legislation and Notified Body can be determined by reviewing the Certificate(s) and Declaration(s) of Conformity at www.3m.com/Hearing/certs.

Attenuation table key:

f (Hz) = Test frequency
Mf (dB) = Mean attenuation
Sf (dB) = Standard deviation
APVf (dB) = Assumed Protection Value